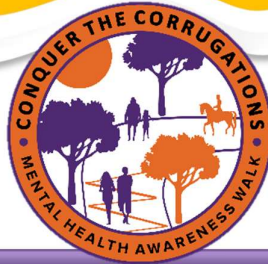


EAST ARNHEM Conquer the Corrugations

Strives to raise awareness of the 'corrugations' in life, support and remember those affected, and to remove the stigma that surrounds mental health.



Free, family friendly community event open to all ages and abilities. Supported by local mental health services.

Saturday 7th & Sunday 8th September 2024



BASIC ITINERARY

FRI
6th SEP

- Check in from 4pm – setup camp at Wathawuy (Latram River/Goanna Lagoon) for the duration of the event or transit each day (approx. 30mins from Nhulunbuy)
- Camp fire and live music at Conquer HQ
- Dinner provided

SAT
7th SEP

- Day 1 Start Point – Manajaymi (Scout's Camp) Turnoff (8am arrival)
- Rest stops every 5km - **morning tea, lunch and afternoon tea provided**
- **Walk support services - passenger buses, water car, toilet trailer & first aid**
- Walk finishes at Gulkula Mine / Cape Arnhem intersection (14.5km)
- Buses transport drivers to pick up vehicles and all transit back to camp
- Mental Health workshops and yarning circles at Conquer HQ (*participation optional*)
- Trivia, raffles and live music in the evening
- Dinner provided

SUN
8th SEP

- Day 2 Start Point – Gulkula Mine / Cape Arnhem intersection (7am arrival)
- **Same rest stops and support services as Day 1**
- Walk finishes at start of the bitumen near airport (28.5km walk in total)
- Buses transport drivers to pick up vehicles and all transit back to camp
- Awards presentation and final raffles
- Event proceedings conclude by 5pm – campsites booked until Monday for those wishing to stay

REGISTER TODAY! →



www.conquerthecorrugations.com.au/EastArnhem



Any Questions?
Email conquerthecorrugations@gmail.com